



## Community Health Needs Assessment 2019

Stevens Community Medical Center (SCMC) is a not-for-profit Critical Access Hospital located in west central Minnesota. SCMC has a CAH and clinic located in Morris, Minnesota and one free standing clinic in Starbuck, Minnesota. The organization also has a five-resident adult foster care home care licensed facility located in Morris. SCMC provides inpatient, clinic based and outpatient services to a population of about 10,000-15,000 in Stevens County and contiguous counties.

SCMC conducted a community conversation on November 12, 2019 as part of the Community Health Needs Assessment. The meeting consisted of 26 individuals from specific stakeholder groups in the community. These people represented organizations in the community and individual interests in the overall health of the community. Representatives included local school and college officials, public health staff, health and wellness providers, local business representatives and owners, and community leaders. The conversation was specifically designed for discussion and data collection. Tobias Spanier from the University of Minnesota Extension Service facilitated the "World Café" format discussion. The group was divided into smaller discussion groups to answer four specific questions. Each group reported back after each question to help with further discussion and data collection. Individuals rotated tables throughout the evening. Data collected at the CHNA included areas where our community could improve. These areas were; additional child care services, connecting newcomers to service offerings, the need of expanding transportation services in regards to hours and distance, creating a central communication forum for all services and support groups in our community, offering community members additional option for pharmacy needs, providing access to more timely mental health support, offering healthier breakfast and snack option in the school system. Throughout the evening, there was quite a bit of discussion surrounding the need to publicize and make known to community members the great services and activities available in Morris. Several people commented that they didn't even know a particular service existed. In addition, the need for collaboration and cooperation amongst various community groups was discussed. This will be addressed in the CHNA Implementation Plan.

### Question #1

#### What do you think contributes to your overall health and well-being?

##### *Responses*

- Community support
- Social, Physical, Mental, Emotional & Spiritual support
- Basic Needs: Shelter, Food, Clothing, Sleep
- Quality medical, dental care
- Access to quality schools and childcare
- Financial Security
- Sense of Safety/Security
- Work-Life Balance

**Question #2****What currently exists in our community to support health and well-being?***Responses*

- Exercise facilities outdoor bike and walking trails
- Numerous Churches
- Healthcare Choices/Ambulance Service/Law Enforcement
- Community Support Options- Zone, Alzheimer's Support Group, Farmer Market, Food Drop,
- mentorship programs- big friend little friend (UMM), RUSC Kinship, 4-H
- Cultural options- Conexiones
- Housing options & assistance
- Schools, Community Ed, UMM
- Food Shelf
- Public Transportation

**Question #3****What is missing or are the challenges within our community to be well?***Responses*

- Childcare Need
- Connecting when new in community
- Transportation after hours/out of county
- Centralized Resource Awareness-Better community communication tool, not reinventing the wheel (communication between entities that is accessible) Posting publicly all services offered in community (activities for older kids, elderly multicultural, Diabetes prevention/education, other support groups)
- Only one pharmacy for community
- Timely mental health access
- Healthier snack/breakfast at school

**Questions #4****What are some next steps to improve our health and well-being in the community?***Responses*

- Welcome Wagon
- Support extending affordable transportation hours
- Advocate and educate childcare providers so they are prepared to start daycares
- Work on an avenue to communicate all community offerings such as support groups
- Form Collaborative Counsel
- Research grant opportunities to help improve community opportunities